



# Medical Clinics

by Karen Steinke



In April of 2005, Feed My Sheep Ministry, along with Dr. Milton Hernandez, a Honduran medical doctor, started providing medical clinics as part of our week long mission trips to Honduras. These clinics take place at the school where many of our Christ Church scholars attend and at one of Feed My Sheep Ministries Feeding stations.



Starting in 2011 we will do clinics at our other feeding station in Siguatepeque for those kids and the kids at Casa Hogar. As a result, of our clinics the quality of health of the people that have been seeing for the last 5 years has improved a great deal according to Dr. Hernandez. One very important thing we do at these clinics is the treating the ongoing problem of parasites in

not only the children but adults as well. Every six months treatment is essential to eliminate the parasites that affect the digestive tracts of the Hondurans.

Each time we start something in Honduras, there seems to be an overwhelming ripple effect. The teachers at Colonia Pedrosa started a hygiene class once a week to provide information to the students as part of ongoing good health. Feed My Sheep Ministry, is providing thru donations soap, shampoo, toothpaste, toothbrushes, wash clothes and other products needed. The community always has advanced notice of our clinics, so by the time we drive up; there is a line of at least 100 people waiting to see Doctor Milton. Many times, they are there for simply a small bag of Tylenol and a deworming pill. Walgreens is not on every corner nor do they have the money. Our clinics are free to all of those in need. Our medicine is bought here in the United States at



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overseas. We have been blessed to be able to buy hundreds of thousands of dollars of medicine for a mere fraction of the cost (\$2,500.00 a year). As a result, we have been able to treat about a thousand Hondurans every trip. Although we work these clinics in hot, humid conditions, without fans or a/c, all of us are eager to serve. It has become such an integral part of our Mission week, and treating the same kids year after year is rewarding as we get to know the kids we help.

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## Feel called to Help?

**There are several ways we could use your help, here's a short list:**

**PRAYER PARTNER:** We need prayer partners. The most important part of EVERYTHING we do is to be in PRAYER about everything. Even the smallest of detail needs to be washed in prayer. We need prayer warriors.

### **HELP AT HOME:**

- We often need help at home with fund-raising for the different projects.
- You could help develop marketing materials to help us spread the word, or help with the website.
- You can donate funds or items for the supplies, medicines, baby layettes, or other items we might need for a trip.

### **HELP IN HONDURAS:**

- We go to the feeding stations and help feed the little ones.
- We go to the maternity ward at a local hospital and hand out layettes.
- We help the doctor run medical clinics, no medical exp. needed.
- We pass out Spanish Bibles and pray with people.
- We meet with the scholars and hold a clinic at their school.

